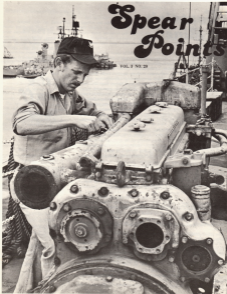


Spear Points

VOL. 1 NO. 21



Captain's Line

The biggest problem that continues to plague us on L.Y. SPEAR is that of effectively communicating with each other. Information is put out via the chain of command but its meaning or intent is not understood at the work center level. Problems or suggestions at the work center level are reported to the chain of command, but somehow the appropriate person never gets the report or gets a report that is all twisted around. Work centers to work centers, Department to Department communications are similarly faulty. It is like the game most of us played when we were young; whisper a message in one person's ear who in turn whispers what he heard to the next person. After two or three exchanges there is usually no similarity between the original message and the message being passed on. What all of this means to those of us on L.Y. SPEAR is that we constantly create problems for ourselves which makes doing our job needlessly more difficult, less rewarding, and frustrating. When each of us talks we know the meaning of what we are saying, but do we take the effort to assure that the individual or persons we believe really understood our meaning? All too often we assume that they do understand while in fact they understood something quite different! Thus each day we create problems because we don't understand the many communications taking place. What can we do to promote more effective communications? Each of us can be more conscious of the possibility that we won't be completely understood, we can take more time when we talk to someone and ask them what they understood.

Knowing you are understood is a good feeling and worth extra effort to assure that you really are. The most important asset we have on L.Y. SPEAR are the people. For them to do their job properly they must know what is expected of them, how to do it, when and why etc. All of this takes communication—let us all try to make communications on L.Y. SPEAR more effective.

The deadline for submitting articles to this newspaper is ten days prior to each pay day.

The SPEAR POINTS newspaper office is located forward on the isolated dining facility. (see 254)

SPEAR POINTS is an authorized unofficial publication of USS L.Y. SPEAR (LST-961). The editorial in this publication are not necessarily the views of the Department of the Navy nor of this command and should not be considered as such. The SPEAR POINTS is published bi-monthly and is reproduced by the L.Y. SPEAR Print Shop with appropriated funds in accordance with NAVYFORM 1-12.

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ON THE COVER

ENS Boykin from Third Division works on the exhaust system of a GM 6000 engine for SUBROCK 512.

the staff



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SNR. POINT



Lt. Russell, Lt. Farrell and SN Feary work together in the L. T. SPEAR Boat Shop on the instructions for SPEAR'S Change of Command Ceremony. Captain Robert F. Kelly will retire. Captain John H. Kiser on 3 September 1961 in a ceremony to be held aboard the SPEAR.



**After a couple
of cold ones
are you refreshed...**

(or just getting started?)

LOCAL UTILITIES MAY OFFER ENERGY TIPS

Although work is still about saving energy in your home, most of the time you're left to figure out for yourself what improvements will make the most difference. But now a new program developed by the U.S. Department of Energy will help.

Under this program, large utilities are required to offer to check your home for ways to save energy. This is called an energy audit. This audit will cover things like insulation, weather-stripping, and your furnace, as well as solar and wind options, and other low-or-no-cost improvements.

When the audit is complete, you'll get a sheet showing how much you could save if you install all the recommended improvements. The auditor will also explain about special programs for getting the work done, contractors who can do the work, what the tax advantages are, and where you can go for financing. The utilities are allowed to charge up to \$15 for this service, but many of them are doing the audits for free.

Unless you live in government housing, check with the local electric or gas company. If they're not offering energy audits now, they should be doing them soon.

CARRIERS

—NAVY CAMPUS—

NAVY CAMPUS is the Navy's management system that coordinates all military educational experiences of Naval personnel and integrates them with on-duty Navy programs. Navy CAMPUS includes all educational activities, from basic skills preparation to graduate study, which contribute to the general academic and vocational development of Naval personnel. A major goal of Navy CAMPUS is to provide Naval personnel with educational opportunities for meeting their career needs as well as the needs of the Navy.

THE UNIVERSITY OF ALABAMA

THE UNIVERSITY OF ALABAMA

THE UNIVERSITY OF ALABAMA

THE UNIVERSITY OF ALABAMA



STILL WATERS

Did you hear about the three boys that fell into a creek of milk? No, it's not a joke nor is it a parable you will find in the scriptures. It's a modern "parable" that describes different ways we tend to deal with crises in life. The first boy said, "The Lord God will provide." He simply folded his legs and did nothing. He drowned.

The second boy said, "The skies are too deep and the milk is too deep. There is nothing I can do." He hid his legs and gave up. He also drowned.

The third boy, being neither an optimist nor a pessimist but what you would call a pragmatist, said, "The situation looks bad, and I'm not sure what to do, but I have two good back legs so I'll swim around slowly and keep my nose above the milk as long as I can." So he did, and pretty soon he felt something cold beneath his feet. It was butter! He hunched up on that lump he had chewed up and jumped out of that creek of milk!

The moral of this parable is quite obvious isn't it? Sometimes life throws some pretty tough problems at us and our waters get deeper and deeper and we find ourselves in sink-or-swim situations. As a Chaplain I'm not going to say the Lord won't provide, but I will say don't fold your legs and wait passively for him to solve your problem for you. Don't be like the second boy and say "I can't." There's no problem or crisis that can't be resolved with some clear thinking and calm determination. So be like the boy who swam and keep on swimming. A few more kicks may bring the butter!

Chaplain J.L. Cook



"What's driving this thing?"

CLANDESTINE

We were just children
Chasing a lion.
Who could have known
It would be like this!

Some years ago
We were in love,
We loved together,
Tears of us thought of.

To the murder, the prison,
My dear boy you got.
We were seen together
None after that got.

But change time brings
I got back my dog,
Came over to another
Married in the spring.

The mind becomes clearer
As we near the ending both,
Memories are more vivid,
Old love begins to pull.

To hold you now
After all these years,
Brings joy to my mind,
Laughter to my tears.

We'll stay together now,
If only in our dreams,
Nights while we are sleeping
Our love will still beam.

When we were children
We chased a lion,
You see, if we look't
It wouldn't be like this.

To go ahead young lovers,
Change no evidence,
Truth doesn't last forever,
Dreams take its place.

H. Kenneth White

FOR A BRIGHT DAY

Did you know that if you saved only ten per cent of what you make, you wouldn't even make it? However, at the end of your fiscal career you could have a nice capital built up. If you pay other people everything you make then you are working for them, not yourself or your family like you might think.

Granted, in these times everyone has debts, but, if you don't pay yourself first then you will end up with nothing. Material things with little or no resale value, utilities and rent payments that's built equity are do you acquire collateral. If you feel that you can't afford to make an investment, just remember a savings account that you add even a small amount to regularly grows.

Don't use your savings. Lease it, add to it and let it grow so that later you have enough to invest part of it to work for you. Only a fool spends all of his capital.

I know you are saying that's easier said than done. Consider the fact that if you only save \$20.00 from each payday during your four years in the Navy, you will have \$1,000.00 more before the bank compounds your interest. Would you rather have \$1,000.00 plus, or nothing?

THE EDITOR



"With this much talent
I should be a dwarf!"

**A helmet!
That's
using
your
head!**



Election Slogan Contest Begins

Although the 1982 General Election is more than a year and half away, Federal Voting Assistance Program (FVAP) officials urge citizens to start thinking now about voting by entering the 1982 FVAP Voting Slogan Contest.

All service members and their families worldwide, along with all U.S. citizens overseas, are invited to participate in the contest by submitting a slogan aimed at motivating service members, their families, and U.S. citizens overseas to participate in the country's election process.

The contest winner will receive a Certificate of Recognition from the Department of Defense.

In the 1980 slogan contest more than 1200 entries were received. The winning slogan, "You're A Voter Only If You Vote . . . Be A Voter," was submitted by Air Force Staff Sergeant Francis P. Burton, Jr., a naturalized citizen then on duty in West Berlin.

Examples of slogans used in previous years include: "Vote

Vote Is Your Vote . . . Say Something," "Participate In America . . . Vote," and "Take Time For America . . . Vote."

All entries must be received no later than Sept. 31, 1981, to be considered for selection. To participate, send any number of slogans, in any format, along with address (not necessary for consideration) to: The Federal Voting Assistance Program, Office of the Secretary of Defense, Room 1B-601, The Pentagon, Washington, D.C. 20301. Full name and complete mailing address must be included with entries.

The FVAP is the office within the Department of Defense responsible for providing voting information for members of the U.S. Armed Forces and their families worldwide, and all U.S. citizens overseas.

Citizens having further questions concerning this contest may write or call the FVAP office at AC (800) 524-4928/5280 or by Air Force 224-4928/4980.



"I just have to go!"

Division Spotlight



"Let me see you get me out of here!"



DECK DEPARTMENT (2nd DEPT.)

Deck Department means safety Boatwain Mate, coiled anchors, governing sticks and the haunting call of the Boatwain's pipe. That's what I thought when I learned my assignment was to be Third Division Officer. I was surprised to find people wearing Enginemen and Electrician Mate rating badges. Were these people lost? Didn't they know this was part of Deck Department? I found that they most certainly belonged.

The Enginemen, Electrician Mates, and Boatwain Mates of Third Division work together to repair, maintain, and operate the ship's nine small boats. It's an odd combination but it works well. The Enginemen take care of the diesel engines and electrical systems, sometimes going to work on engines and transmissions from the Kittiwake to Diamond. Once the engines are running smoothly, the Boatwain Mates take care and adjust the hulls and fittings. After the work is finished, one would think the boats are new, not fifteen years old.

However, Deck Department maintains docks and everyone does their share with a deck crew, clipping hammers, and paint brush. The Foreman and Enginemen from the Boat Shop work alongside the Boatwain Mates when it comes to work on the ship. Sometimes I think a new rating has been created—DECK.

1708 D. BERRY.



NOTHING TO LOSE?

Have you stopped to take inventory lately? No, I don't mean in your work space. Look at your life. Are you happy? Are you accomplishing anything that brings you self-respect and satisfaction? Then don't you think it's about time you get started before there is no time left?

A very old and dear friend lay dying. She knew her death was near. As her eyes filled with tears, I knew she was recounting her years. She said to me, "I have a few regrets, the biggest one being, I didn't do what I really wanted to."

When you look back on your life how many times will you recall opportunities you failed to grasp? It's your life. There is a chance you were just here, but you can't let your future insecurity rob you of the fulfillment that could be yours.

Be honest with yourself about all this. Whatever problems you face, every fork in the road, whatever decisions you must make, choose carefully, but not for others sake. Do what you really want to do and what you know will make you happy.

This is not to say you should be selfish or irresponsible, but decisions that you make something a part of your life for the good of others is due to the selfishness of others, only breeds resentment, discontent that grows in your heart against the ones you love because you gave up your dreams for them. Contrary to popular belief love is two sided and neither party involved should have to give up goals and dreams that are positive and fulfilling.

A college graduate who had just received his Ph.D. looked into his father's eyes and said these words. "Dad, I earned this for you, because you always wanted this for me. But now I want to reach the goals I have set for me. I hope you can accept that and that I haven't let you down."

Parents often find it difficult to avoid being out their dreams through their children. However, even parents eventually accept your decision to do what is right for you. Perhaps someday when the realization of how short life is, comes to you, you may find the desire to attempt to recapture lost dreams through your own children. Remember, the kind of heart that comes from others reporting your plans for them will break. The sorrow of giving up your own goals and dreams is a heart that goes with you forever.

THE EDITOR

Fair Credit

Many women have been denied credit because they had no credit history to prove their reliability for making payments. This is because in the past credit accounts shared by married couples were often listed only under the husband's name. If a woman later became widowed or divorced, or just went out on her own income, she had no individual credit history to prove her competence.

Two federal laws now help to correct this inequity. The Equal Credit Opportunity Act prohibits discrimination on the basis of sex or marital status in any aspect of a credit transaction. The Fair Credit Reporting Act prohibits any consumer's privacy and makes certain that a credit bureau accurately reports one's credit history.

Old Time 'Remedies'
Needed Again?

A flash from the past? Speed lanes of yesterday (the early 1960s) could be a wise solution. In some jurisdictions police were authorized to shoot at tires and to stretch ropes or chains across the road to stop potential speed-ers.

Safety
First

There has been an epidemic of careless people descending trails throughout the dip in places other than proper trail receptacles. Obstacles is a very important part of the safety picture. Trails build up and become a perfect chain for fires to start, and to maintain the usual or ideal conditions it requires an individual. If we all want to take care of our trails and dispose of it properly and keep heavy truck areas clean, we would quickly see the chain safe difference.

Whether you live on board ship or not, cleanliness is everyone's responsibility. Have a heart for the people who must live on board the ship, you wouldn't like it if they came to your house and left it a mess.

ITTI Low Lander
Safety 129

ONE FLEW OVER THE SPEAR

—DUCK SHIP AND
BORDERLAND PIE

IT GETS YOU IN THE EYE—

All I know is what I'm doing right now, and it makes me feel good to be writing this. But what I really want to know is what will be happening at the time next time tomorrow. What will I be doing? Still thinking about the future? Maybe I'll be in the arms of the Duck. Or maybe? You can be in my dreams if I can be in yours.

It's tough to say what's going to be happening except you have to take the lead with the good. I guess this article is about the future as here are my predictions. I predict that the SPEAR will sail to the Virgin Islands for my birthday in September. I also predict that while the bombs have been on all, the Russians will make a big mistake and blow themselves up. Close to home, I predict Christmas will come earlier for the pipelayers and E2 crews will get their air and the Navy Award and give all of E2 the MEY Award and give all of E2 the same time off. Sometimes, the Captain will show his head and become a monk and the XO will guest host a special episode of THE LOVE BOAT.

Wow! My head feels like the inside of a gun, but I've passed it all out to you. And remember, it's better to fade away than to burn out.

YOUR PAL AND MINE
ENNY BILL CALETTA R20

cfp

DEFENSE ACTIVITY FOR NON-
TRADITIONAL EDUCATION
SUPPORT GRANTS

The functions of DANDES are twofold. First, DANDES makes available to active duty Navy personnel a number of examinations that can be used to validate non-traditional learning in terms of college credit. Examinations available include College Level Examination Program (CLEP) general and subject examinations and DANDES Subject Standardized Tests (DSST). CLEP and DSST examinations are available at no cost to the service member. In addition to validation examinations, college admission tests are available to members seeking them. Tests available are American College Testing (ACT) Assessment Program and Scholastic Aptitude Test (SAT) of the College Entrance Examination Board (CEEB). SAT tests are administered to the service member at its cost. ACT tests, at cost. Another type of examination program available to service members is the certification examination program. This program consists of a number of examinations published by various professional organizations that are useful to verify competency in a given professional/occupational area. These tests are administered to service members at cost. Second, DANDES publishes a catalog of high school, college, and graduate-level correspondence (Independent study) courses available to service members from various colleges and universities. These courses cover a wide range of academic areas and all are fully accredited. Service members find these courses under VA education assistance programs or VA.



"Hold them."

WINNING

It gives me pleasure to share with you a discovery I recently made. Since I came on active duty, I have found the trivial job, the most difficult to do without complaint, that is said I took into consideration that the best people are the ones inevitably assigned a new job for the day. Do you feel like your willingness and ability to do a job is only awarded by another work assignment? If you are the person who spends your time wisely, applying yourself to accomplish the most possible each day, then you can take pride in your work and the results.

You are what is described as a "winner". Not that you have deliveted another person to accomplish something, but that you have applied yourself to accomplish as much as you can.

A "loser", in turn, would be described as one who doesn't strive to accomplish anything. He doesn't even care that he has wasted another day of his life.

Several self-improvement and motivational books on the market could offer you guidelines to becoming a "winner". But first you must get out of your "loser syndrome". If you do not *feel* have the desire to help yourself, then all the books and caring people in the world can not help you.

I sincerely hope that you can still dream and strive to be an officer, "a winner".

THE EDITOR



"What an adventure!"

-NIP RESULTS CAN BE PUBLISHED-

Commanding Officers are authorized to announce the name, rate, volume and disposition of personnel awarded nonpunitive punishment (NIP), according to a new change to the Navy Judge Advocate General Manual.

NIP announcements are authorized to be published in the Plan of the Day and to be posted on bulletin boards within one month of the imposition of NIP. NIP cases may also be announced at hearing sessions.

As directed by ANVT 4501, the publication of NIP results is restricted to the reasonable belief that it serves to inform and deter other service members from committing similar offenses.

YOU CAN OVERDOSE VITAMINS

Scurvy, rickets, and pellagra are no longer common diseases. That's because even those on a limited budget can get foods that contain the vitamins to prevent these diseases.

There are two types of vitamins. The most common type is water soluble, and you need them every day. If you take more than you need, your body will get rid of the excess. Vitamins B1 (also known as thiamine) and C are examples of water soluble vitamins.

The other type is the oil soluble. There are only four of these vitamins—vitamins A, D, E, and K. If you take more of these than you need, your body stores the excess—and that could cause problems. For example, if you take too much vitamin E, it can cause nausea, weight loss, and excessive sweating.

To eat a well-balanced diet everyday, if you eat a wide variety of foods, you should get the right amount of vitamins your body needs to stay healthy.

And if you think you have a vitamin deficiency, check with your doctor. Then you can be sure you're getting the vitamins you need in the right quantity.

For more information, send for the free report, *Know Facts and Myths About Vitamins*, from Consumer Forum, Parkdale, California 94966.

EE SAVINGS BOND INTEREST

The interest rate on Series EE Bonds purchased May 1 or later is being increased from 8 percent to 9 percent, compounded semiannually, when the bonds are held to original maturity, the Department of the Treasury has announced. The term to maturity is being shortened from 7 to 8 years.

The interest rate on Series EE Savings Bonds purchased May 1 or later is being increased from 7½ percent to 8½ percent to their original maturity, which remains at 18 years. Interest on these bonds is paid semi-annually.

The action will also increase the yield to maturity on outstanding Bonds and Savings Notes.

Approximately \$70 billion in bonds and notes is presently held by 20 million American households.

UNDERSTANDING LIFE INSURANCE

Life insurance programs were first developed when people in a community joined together and paid into a central fund used to cover emergencies of family members left without income due to the death of the worker in the family. Through the years many insurance policies and riders to policies have been developed which assist in making life insurance programs more attractive. Many complicated phrases and terms have been added to life insurance plans which make them difficult to understand.

There are two forms of life insurance — term and permanent or ordinary insurance. Term insurance has low premium rates and provides pure death protection. Term will not pay back anything to the insured unless the policy contains a cash value or dividend provision. In addition to protection, permanent life insurance provides the insured with accumulated cash value.

What are dividends? According to the Internal Revenue Service dividends from a life insurance policy are overpayments of insurance premiums; therefore, the insurer does not have to claim the dividends on the income tax return. The interest from dividends left on deposit with an insurance company is taxable to you when it is credited to your account.

The different types of term insurance includes level term, decreasing term, five or ten year renewable and convertible, and annual renewable term. Other types of policies are available which may provide a savings in premiums. An example is adjustable life which has a savings provision which increases interest competitive with today's interest rates.

The three basic types of permanent insurance include: endowment, limited pay, and whole life. There are advantages and disadvantages of owning permanent life insurance. An advantage is that part of the premium paid will be refunded at age 100 or earlier and can be borrowed. On the average this cash value accrues interest at the rate of about three to five percent. Disadvantages are higher premiums, low return on investment, and the insurer pays five to eight percent interest if the cash value is borrowed. When cash value is borrowed from a policy the amount of protection will decrease by the amount of cash borrowed.

Before purchasing life insurance ask what the advantages and disadvantages are, have explained to you the different types of life insurance and what they will do, and compare premium costs. The cost of life insurance is determined by an established amount per thousand of life insurance plus a policy fee. An example for a person age 35 smoking \$25,000 of term insurance is \$1.58 per thousand times 22 equals \$35.16 plus \$20.00 for policy fee totals \$55.16 per year.

Life insurance is necessary for those people who are income earners and support family members. It provides an umbrella of protection for a family while an estate is being built. Insurance programs should be flexible since changes occur throughout an individual's life. Alternatives of an insurance program include: term with an annuity rider, term with a savings or investment program, adjustable life, or permanent insurance.

Guaranteed insurability to age 65, 70, or even 100 is, also, available with term insurance. It provides for continued protection as long as the insured continues to make the periodic premium payments.

GRIP, a group plan available to each individual in the military service, is an example of term insurance. Group life insurance doesn't always provide the best expensive rates. An individual purchasing life insurance under a group plan does not receive a policy nor does the individual own the insurance. A certificate is issued to individuals purchasing group life insurance.

Before purchasing life insurance be concerned with what the policy will do for you and not on what it is. It might be beneficial to compare different programs before purchasing life insurance from an individual agent or organization selling life insurance.

So says the VA...

LET ME SEE YOU BY ME - I'VE GOT SOME SPECIFIC RECOMMENDATIONS TO MAKE REGARDING INSURE YOURSELF TO GET

HELP WITH YOUR MONEY - I KNOW I CAN GET YOU WHAT YOU WANT



Don't waste 15 other lives (and your own) in a bad contract group.

Congratulations!

GED CERTIFICATE PRESENTATION

Congratulations to the following personnel who were presented with their General Education Development Certificate by the Commanding Officer, Captain J.R. Kiser.

EMILAND	DEYN STONE
SA BALLARD	FR. FROSTER
SR DEN PINE	FN NEWBERG
BTJ BITTO	SA BOWEN
BTJ GANDY	SR SOUTHERN
BTJ'SCHILDAN	

Sign up now for the next GED presentation, to be given on August 18. For more information see PN1 Deck in ESB.

REASSIGNMENTS

BTJ Donald Edward Beckhart for four years.

Welcome back to the Fleet.

RETIREMENTS

MSC James L. Berts after twenty-two years to Fleet Reserve.

MMCM (JY) Robert D. Wiley II after twenty years to Fleet Reserve.

Good luck in your new careers.

WEDDING HELD ON SPEAR DATE 0641

SPEAR was recently once again host to a "Wed." On 23 July 1982 (JY) Sandberg and Patty Brown were married in a unique ceremony held on the SPEAR'S Deck Boat.

The Ocean was in attendance wearing dress blue and gold with USN's shorts and K-bar tails.

The groom wore dress white cover-jacks and the bride was attired in a white summer dress.

The bride's mother, younger brother, and the groom's sister were present for the ceremony.

A reception followed at the couple's home.

Send Spear Points Home!

FROM: _____

8 PCS. 10¢
12 PCS. 24¢

TO: _____

FOLD IN HALF AND STAPLE ON ALL 3 SIDES TO MAIL